

NEW LIVES INSIDER

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NEW LIVES SCHOOL

Mrs. Mia Hall, Principal



Dear Parents/Guardians, Students, and Friends,

We are off to a great start here at the Center for New Lives!!! Our faculty & staff are excited that your students have chosen to make New Lives their home. We have an exciting year planned that is jammed packed with student activities, enticing student incentives, and many opportunities for you to be a part of our campus.

Did you like the school supplies that your student received? We were extremely fortunate to be able to provide every New Lives student with a backpack, binder, paper, supply bag, map pencils, scissors, pens, pencils, erasers, and their very own student planner complete with the New Lives Crest. Please ensure that your students come to school with their supplies, daily. According to Confucius, "success depends upon previous preparation, and without such preparation there is sure to be failure."

Have you heard about the improvements we've made to our academic program? In an effort to sustain continuous success we have modified our academic program to provide additional educational opportunities for our students. This year we have added Cosmetology and the work program to our current course offerings. 9th and 10th grade students can now take Cosmetology and begin pursuing a state license from the Texas Cosmetology Commission. 11th and 12th grade students can enjoy the benefits of working a part-time job and receiving course credit for their efforts.

Not only are we working to improve our academic program at New Lives, but we are striving to improve our student support services, as well. At New Lives, our goal is to educate the "whole child" by meeting the social & emotional needs of our students in addition to their academic needs. This year each student will receive a mentor to assist them with both their personal and academic goals. The goal of the New Lives' Mentoring Program is to strengthen our students' chances for success by providing them with greater access to caring adults and the wealth of resources that those adults possess. Please ask your students more about the mentoring program.

September will be a busy month on the New Lives Campus. On Friday, September 11th students will attend the Annual JPS Baby Shower at the Resource Connection Auditorium. Students will receive valuable information regarding pregnancy, nutrition, and community resources available to assist them. In addition, pregnant students will receive gifts to assist them in preparation for their baby's arrival. Please contact our school nurse, Ms. Roberson for more information.

On, Tuesday, September 8th, President Barack Obama will address the Nation's students regarding the importance of education. We will make this broadcast available for all students to view on the campus. Follow-up activities will be provided through advisory classes and prizes will be awarded to students for their correct responses to quiz questions.

Finally, I hope that you will join us at Open House on Tuesday, September 15th at 6:00p. Open House is an excellent opportunity to tour the New Lives facility, meet your student's teachers, and familiarize yourself with all of the wonderful services that we provide. In the spirit of Hispanic Heritage Month we will be serving a Hispanic-themed dinner and door prizes will be awarded. We hope to see you there!!!

In closing, we have a wonderful year ahead of us. The faculty and staff of New Lives have committed to making this our most successful year, yet. It is our sincerest hope that you will join us as we embark on this journey. We can't do it without you!!!

Just a few reminders...Labor Day is Monday, September 7th and school will be closed. Open House will be held Tuesday, September 15th from 6:00-7:30pm. Friday, September 18th is a Professional Development Day for teachers of FWISD, so there will be no classes for students held on this day. Please call the school at 817.531.7770 for more information.

Remember, we are looking forward to seeing you at Open House.

See you soon!!!



Let's work together to make this year great for our students!

Parent, Teacher, Student Association (PTSA)

Welcome back everyone! I hope your year is off to a great start. Now that our students have had a chance to adjust and get back into the school routine, the challenge to keep them excited and motivated throughout the year begins. PTSA has activities coming up to keep the kids excited about learning. In addition, there are several opportunities for parents to get involved with the school.

Our Fall Membership Drive is underway! Becoming a PTSA member is an easy, quick way to support the school. Membership costs \$5.00 and is open to parents, grandparents, students or anyone who wants to join us in providing some of the fine programs our students enjoy.

The first meeting is September 15th in conjunction with Open

House. Please plan on attending! Meetings are informative and serve as a great way to stay connected to the school. We also encourage you to give us any feedback. You won't know what it is like unless you show up to a meeting!

Sincerely,
Jerretta Henderson
PTSA Treasurer

Mind Matters: 10 Tips to Build Resilience

"You can learn resilience. But just because you learn resilience doesn't mean you won't feel stressed or anxious."

1. *Get Together*

Talk with your friends. Understand that others may have different life experiences than you do.

2. *Cut Yourself Some Slack*

Added uncertainty in life can make usual shifts in emotion or small setbacks seem more extreme.

3. *Create Hassle-Free Zone*

As much as possible, create a "hassle-free zone" for yourself (a place free from stress) anxieties.

4. *Stick To The Program*

During a time of major stress, map out a routine and stick to it.

5. *Take Care Of Yourself*

Be sure to take of yourself - physically, mentally and spiritually. And get sleep.

6. *Take Control*

Bad times make us feel out of control - grab some of that control back by taking decisive action.

7. *Express Yourself*

If talking isn't working, do

something else to capture your emotions like start a journal, or create art.

8. *Help Somebody*

Try volunteering in your community or helping out a friend.

9. *Put Things In Perspective*

The very thing that has you stressed out may be all anyone is talking about now.

10. *Turn It Off*

Try to limit the amount of news you take in.

By Mary Langston, LSSP

Open House, September 15th, 6:00 - 7:30pm



Learn how you can be a part of the Center for New Lives vision at our upcoming open house.

Parents and/or guardians are invited to attend Open House on Tuesday, September 15, 2009, at 6:00pm.

Our faculty and staff are eager to show off their school. Please remember

that this is a night to meet the teachers and see the school. After a brief PTSA meeting and staff introductions, you will have an opportunity to visit each of your students' instructors in their classrooms. Open house ends at 7:30 p.m.

So please come and find out what your student is

doing in class and what requirements are needed for your student to be successful.

In honor of Hispanic Heritage Month we will be serving a special dinner. We hope that you will join us!

Patsy Davis, Administrative Associate

We would like to welcome Mrs. Patsy Davis to the Center for New Lives' faculty and staff! Mrs. Davis is our new Administrative Associate. Most of the time she is the first smiling face we see when we walk into the Center for New Lives. When you have questions, please feel free to call. Most likely

she will answer. Mrs. Davis graduated from Arp High School in Arp, Texas. She has been married for 19 ½ years and has four children, two boys and two girls. She is a very professional woman; one of her main pet peeves is to be disorganized. We just wanted to introduce Mrs. Davis to

the New Lives Family because we want to show her as much love as possible. We appreciate all the things she will be doing throughout the year for the Center for New Lives.



By: Amber Randle
Shandriel Thomas

Avis Herndon, Social Studies Teacher

Mrs. Herndon is one of our new teachers here at New Lives this school year. She has been teaching for 34 years and has enjoyed every minute of it. Mrs. Herndon attended The University of North Texas in Denton, Texas. She was excited about coming to New

Lives because of the opportunity to work with young women. She is a member of our Social Studies Department and teaches World History and U.S Government. In her spare time, Mrs. Herndon enjoys writing and wants New Lives to know that she is kind and

compassionate. Her goal here is to encourage young women and children to reach for their dreams and never give up because there is always something better.



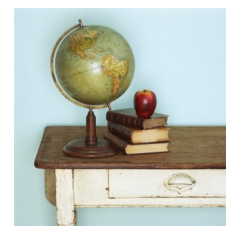
By: Cristina Roman

Joseph Niedziela, Social Studies Teacher

Mr. Joe Niedziela is new to New Lives this year. He teaches World Geography, and US History. Mr. Niedziela is from New Jersey, and has two siblings. He graduated from Hanover Park High School in New Jersey. He moved to Texas and earned his Bachelor of Arts degree from Texas Christian University and a Master's

from UTA. In 1998, Mr. Niedziela says he first knew he wanted to become a teacher. He has been with the FWISD since 2005. He has taught at Southwest Tier 1, Success, and he teaches at the Language Center every summer. He has been married for six years. He was in the Marine Corp for a little while before he moved to

Texas for good. The things he enjoys are doing projects around the house and mountain biking. Mr. Niedziela is a teacher with a great spirit. We welcome Mr. Niedziela to our school, and hope he has a great first year here at New Lives.



By: Keara Crenshaw

Tamera Thompson, Math Teacher



Tamera Thompson is a new teacher here at Center for New Lives. She has been working for Fort Worth ISD since August 17, 2009, which really isn't that long. Ms. Thompson is originally from Brooklyn, New York, but has lived all over the East Coast. She graduated from Stranahan High school in Florida. She then went on

to Norfolk State University. Ms. Thompson teaches Algebra and Math Models. She aspires to be a college Professor someday. She hasn't been in Fort Worth that long but moved here for a change of scenery and for a change of climate, she says that she 'wanted to get out of the cold'. Some of Ms. Thompson's hobbies include reading

and cooking. Her favorite food is spaghetti and her favorite type of food is soul food. She enjoys all genres of music. Ms. Thompson is a wonderful teacher and we hope to keep her around for many years to come.

By: DeVine Oliver

SEPTEMBER BIRTHDAYS

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|------------------------------------|----------------------|------------------------|----------------------|------------------------|-----------------------|
| | | 1 | 2 | 3 | 4 | 5 Cheyenne Hafford |
| 6 Mrs. Henderson Yorilan Jordan-Raspberry | 7 Labor Day No School | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 Sinthia Olivarez | 15 Mrs. Gutierrez | 16 Mrs. Alexander | 17 Jinikqua Homer | 18 No School | 19 |
| 20 | 21 | 22 | 23 Gwentavia Wright | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |